

FOR IMMEDIATE RELEASE

US Sailing /ISAF Safety at Sea Course

Offered by the National Women's Sailing Association
Houston Yacht Club, TX

May 21, 2022

Press Contact: Debbie Huntsman 623-780-8787 conference@womensailing.org



The National Women's Sailing Association (NWSA) is proud to offer a US Sailing / ISAF Safety at Sea International course. This 15 module online and day-long hands-on course is for crew members of offshore races, long-distance cruisers or any sailor wanting to improve their sailing skills. There are only 35 spots available for the opportunity to obtain this Safety at Sea certification. Keep yourself, your crew and your boat safe and register soon.

The 15 module online portion of the course must be successfully completed to qualify for the in-person portion of the course. The all day lecture and hands-on session will be conducted during the National Women's Sailing Association's 2022 Women's Sailing Conference at the Houston Yacht Club, Saturday, May 21 2022 and includes a continental breakfast and lunch. During the sessions, participants will enjoy a welcoming atmosphere for both women and men sailors.

Safety at Sea participants gain essential safety knowledge and skills during a full day of in-person and hands-on training including the proper use of flares, how to avoid and recover crew overboard and how to get in and out of a life-raft on the water.

For those interested in registering:

Step 1. nwsa.quvent.com Click on Schedule then filter for International Safety at Sea to view program details

Step 2. Register at <https://nwsa.quvent.com/attend/> (Click Get Tickets)

Step 4. Complete the high-quality, comprehensive 15-unit online portion of the course

Step 3. Look forward to May 21 at the Houston Yacht Club!

The US Sailing / ISAF Safety at Sea program offers an International Offshore Safety at Sea certificate that complies with World Sailing (ISAF) guidelines for personal safety or long-distance cruisers. The course is for crew members of offshore races, long-distance cruisers, or any sailor wanting to improve their sailing skills. It is required for many sanctioned offshore races and can be invaluable for any boat owner, especially sailing couples, whether they have plans for coastal cruising, venturing out on a transoceanic voyage, joining boat deliveries or cruising on other people's boats.

The cost is \$350. This includes the day of workshops, hands-on and in-water experience, a 15-module online course (must be completed before May's event), 280 page Safety at Sea companion book and a pre-event cocktail (cash bar) meet and greet, continental breakfast and lunch. Hands-on only certification renewal is \$285.

Member's discount: To receive 10% off, participants can join NWSA or US Sailing. Registrants requesting the discount should email conference@womensailing.org with their US Sailing member number or to confirm their NWSA membership. One discount per person.

For more information or to register, visit nwsa.quvent.com or email conference@womensailing.org



Photos and logos for the event are located at this link <https://spaces.hightail.com/space/7k8eaFF3iY>

Possible Photo Captions: Hands on exercises include boarding life-rafts, crew overboard recovery, damage control, using signal flares and care and use of life jackets.